

Wild Plants in U. S. Yield Food

Forests and Fields Abound in Varieties Used by Indians Years Ago.

NEW YORK.—There is no reason why Indians who get lost in the forest, wilds, or even deserts, of the United States should starve to death provided they, or even one of a group, are equipped with a working knowledge of botany. For there are no fewer than 3,500 different species of plants and grasses used by the Indians years ago, with more than half of this number of edible variety.

Vegetables, grains, fruits and seasonings are to be found in the wilds, and were obtained by the North American natives, writes Marian A. G. L. Witrock in the Journal of the New York Botanical Garden. Dependent to a large extent on the climate that could be gained, the Indian found many to satisfy his palate, and those same plants are growing in North America today.

A number of trees and shrubs provided many herbaric plants used by Indians and other types of vegetables, fruits came from innumerable sources, and many bulbs and tubers which are passed unnoticed today provided tasty vegetables, potatoes or nourishing ground plant. In the absence of wheat the Indians used the seed of many other grain plants for flour.

As a source of food plants, the most important food plant was the oak. The trees with the sweetest acorns are the California live oak and the basket oak or oak of the Atlantic states, but any acorn may be used for food if the acorn is removed. Indians ate the nuts of more than 40 species of trees and shrubs, as well as the nutlike seed of the water chinquapin, or American lotus.

Fruits are another source of food in the wild. The Indians enjoyed wild berries and berries from at least 275 species of plants that occur in the United States. Many species of flowers, too, were far more valuable than steers these days on the plains near Pueblo.

They are serving as substitutes for the high explosive bombs that obliterate eventually his arsenal and his home defense, and in some cases inevitably annihilate his people on the ground, and win the credit for much of the progress of the war aviation program is given to Lind, Gen. Henry H. Arnold, chief of the army air force, and chief of the navy's bureau of aeronautics.

Mike, who was outwitted at the army depot here while waiting for assignment, said he hoped to see active overseas duty with infantry troops, despite his lack of experience.

A native of Montenegro, Mike fought against Turkey in 1911 and the following year served with the Serbian army against Bulgaria. At the close of the war he emigrated to the United States.

He went into action again as a member of the American National Guard's expedition to the Mexican border against Pancho Villa and shortly after the outbreak of the World war went to France with the 8th division.

Mike returned home from the war wearing a sergeant's stripes, but just now he'd just as soon be a "good private as a bum sergeant."

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Following imposition of restrictions on civilian use of tobacco here, bootleg traffic grew serious. American soldiers, who could obtain unlimited quantities of free cigarettes at their own expense, were selling the packs for as much as 40 cents each.

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Ex-Strong Man, 65, Gives Blood for Transfusions
PHILADELPHIA, Pa. —Edward "Bugs" Howard, a retired strong man, is doing a vastly different kind of feat these days. Howard can still break chains across his chest, bend steel spikes into horseshoes with his bare hands and tow a 10-ton truck with his teeth. But now, at 65, he is a donor of his energy to giving blood transfusions. Hardly a day passes that he isn't called on.

New Drug Combats Blood Clot Danger

Doctors Report on Method to Fight Thrombosis.

ATLANTIC CITY, N. J.—New discoveries in research on combat thrombosis and its danger of circulatory obstruction were reported to the American Medical Association. The investigators, including Dr. Irving S. Wright and Andrew G. Frandoni, of New York; Jesse L. Bolman, F. W. Preston, Edgar V. Allen, Nelson W. Barker and John M. Waugh, of the Mayo Clinic, Rochester, Minn., presented a joint paper on their findings.

Their work was performed with dicoumarin, a substance obtained from spoiled clover, and used in reducing coagulation of the blood. The paper explained that one of the serious risks in the possibility of formation of blood clots which may remain at the point of their origin, or may be carried into the blood stream and obstruct circulation.

In the past, the paper said, a substance known as heparin was used. This is isolated from horse liver, is costly and must be administered by vein injection, requiring careful supervision. Dicoumarin is about one-tenth as costly and can be given by mouth.

The investigators said dicoumarin was discovered after cattle breeders complained that their stock frequently, for no apparent reason, bled markedly and often fatally. Research workers learned the bleeding followed the eating of improperly cured clover or alfalfa made from sweet clover.

Dr. Norman T. Kirk led the orthopedic surgery section of the association that the use of sulfanilamide and sulfathiazole had aided greatly in closing of wounds in this war much earlier than during World War I.

Western Cowboys Guard Army Ordnance Depot
PUEBLO, COLO.—Western cowboys are riding on something other than the plains near Pueblo. They are serving as substitutes for the high explosive bombs that obliterate eventually his arsenal and his home defense, and in some cases inevitably annihilate his people on the ground, and win the credit for much of the progress of the war aviation program is given to Lind, Gen. Henry H. Arnold, chief of the army air force, and chief of the navy's bureau of aeronautics.

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New Weapons To Join Nazis

'Frightful Surprises' Now in Production Called Key To Victory.

WASHINGTON.—New and secret aerial weapons, which will deal the Axis some "frightful surprises," have been developed by American warplane manufacturers, it was disclosed with publication of the aircraft year book for 1943.

"There are many new developments actually in production and promising soon to give the enemy one jolt after another," the book declares. It is published by the Aeronautical Chamber of Commerce of America and edited by Howard Minges.

Holding that superior air power is the key to victory, the book says the United Nations look to the United States for the lead in the development of new weapons.

"China Needs Planes," the book says. "So must the Pacific Islands, Australia, New Zealand, India, North and South America, and the British Isles. That is all you have to do. The young squaw will enter and fill the can so tight as to exclude both air and water."

There seems to be a splendid crop of everything in the service of the young squaw, and that is the key to victory, the book says. A member of the church who lives quite a long way, had arrived at a small stream some ten minutes drive from his home and he found instead of the small stream which he had easily forded only a short while previously, a raging torrent, and he had to make a wide detour of many miles to reach his home, after which he had to make a wide detour of many miles to reach his home, after which he had to make a wide detour of many miles to reach his home.

Reveling going on this week at the Liberty Baptist Church.

Five hostages are shot by Germans at Rotterdam.

Mrs. Ada Farar spent Monday with Mrs. Lily Moore at Appomattox.

Patricia Farar is visiting her grandmother, Mrs. Frank Austin.

Mrs. and Mrs. James Inger and son are occupying their summer cottage at the "old" lake this week.

Mrs. H. D. Baker and her daughter and Miss Jessie Harvey are visiting at Suffolk.

Mrs. Z. V. Harvey and daughter, Phyllis, are visiting in Petersburg.

Mrs. W. J. Smith is spending a few days visiting friends and relatives in Bristol and Petersburg.

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Evergreen

Evergreen, Aug. 19. The most of what I know I learn by reading the newspapers, but not all. As I write I can see from my window a barred rock hen that lost most of her feathers last year when molting, and they never grew back. Now she seems to be joining the balance of the new feathers with an air of triumph. The new feathers will grow in as the rest of the hen's comb is red, and she has been laying regularly until recently.

A neighboring housewife has on display something new in canned squash. And it's the easiest method imaginable, and they will keep till you are ready to use them. If you use them quickly enough.

Here is the method and she is passing it on to all growers of this savory vegetable. At the last working of your squash, get some tin can not quite as large as you want the squash to grow and scatter them promiscuously among the plants for vines. That is all you have to do. The young squaw will enter and fill the can so tight as to exclude both air and water.

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A Complete County Newspaper

VOLUME 50 NUMBER 35 \$1.50 Per Year, \$5 Copy

New V-Mail For Letters to Service Men

The Post Office Department announced today that V-Mail Service, inaugurated on June 15, 1942, has now past the experimental stage, with each week showing large increases in the number of letters mailed to American soldiers overseas.

The War Department has increased its facilities to handle promptly the volume expected in the future. Facilities for photographing and reproducing V-Mail to and from the United States and the British Isles, Australia, India, Hawaii and other points are now in operation. A similar service is being developed for the Pacific and other points where the volume may warrant.

Pointing out that V-Mail provides a safe means of communication for members of our Armed Forces, the Post Office Department gave assurance that the film (upon which the communications are reproduced) are given the most expeditious handling possible. Because of the small space taken up by the rolls of film, they often can be carried on every plane or bomber.

Every pound of weight which can be saved on air transports overseas, said the Department, means that an equivalent amount of water-hauling is being saved.

V-Mail sheets have been distributed at all post offices, and have been provided all military and naval personnel at overseas points through Army and Navy post offices and military channels.

V-Mail Service provides for the use by patrons of a special letter and envelope of uniform size and design. The patron writes his message, completes the name and address of the addressee and the return address, and mails the letter in the usual manner.

V-Mail letters are photographed on micro-film by automatic machine at the rate of 1,000 to 2,000 letters per hour. The letters are then made by other automatic machines and delivered to the addressee in individual sealed windows, promptly enveloped.

When you write to the men in the Armed Services—make your letter CHERUBINI Avoid "bad news." Skip your troubles!

Pvt. Walker Webb, who is stationed at Fort Belvoir, was home for the weekend.

Word has been received from Martin Webb, of the U. S. Army, that he has arrived safely overseas, having sailed from San Francisco.

Mr. and Mrs. J. R. Woodbridge spent Sunday in Norfolk with their son, John, who is at the Naval Training Base. He volunteered for service in the Navy and was called for duty several weeks ago.

Sgt. Maynard O'Brien is in the Army hospital at Fort Bragg, N. C. Sgt. O'Brien received severe cuts and bruises in a "dope" accident on August 14. He is reported as recovering satisfactorily.

Pvt. Jack Overstreet, of Lynchburg, is now stationed at Fort Riley, Kansas. Pvt. Overstreet has frequently visited here in the home of Mr. and Mrs. H. W. Ladd.

Times-Virginian, Appomattox, Virginia. Here is the address of an Appomattox man in the Armed Services, and I am sure he would like to have the county's paper sent him. If you have enough funds in the Armed Services, send him the paper.

His Name: _____ His Address: _____

Times-Virginian, Appomattox, Virginia. Enclosed please find _____ as my contribution to your fund for the Times-Virginian. Appomattox men in the Armed Services.

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